



**Motorenöle**

*Motor oils*

**Getriebeöle**

*Gear oils*

**Zweitaktöle und  
Traktorenöle**

*Two-stroke oils and  
tractor oils*

**Hydrauliköle**

*Hydraulic oils*

**Industrie- und  
Spezialschmierstoffe**

*Industrial and  
specialty lubricants*

## PENNASOL LONGLIFE III SAE 5W-30

**PENNASOL LONGLIFE III SAE 5W-30** is a new fuel-saving SAPS low-friction motor oil, which has been developed especially for VW and Audi engines (with or without extended maintenance intervals). It is optimally tuned to meet the requirements of the latest gasoline and diesel engines as well as their exhaust systems (particulate filter, catalyst).

### Other advantages:

- Long Life-Service for VW and Audi engines (diesel and petrol)
- Optimal protection for catalyts and diesel particulate filters
- High-temperature-high-shear viscosity at 150°C: >3.5 mPas
- Reduces ash formation in the particulate filter by half
- Backwards compatible with the VW standards 500 00, 501 01, 502 00, 503 00, 503 01, 505 00, 505 01, 506 00 and 506 01. The only engines for which PENNASOL LONGLIFE III SAE 5W-30 cannot be used are the R5 (TDI) and V10 (TDI).

### ACEA-/API-specifications:

ACEA C3

API SN

### OEM-Approvals:

MB-Approval 229.51

VW 504 00, 507 00

Porsche C30



Original MB-approval  
BEAM / BEVO

### Meets/suitable for use:

BMW Longlife-04

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			<b>PENNASOL LONGLIFE III SAE 5W-30</b>
Parameter	Unit	Testing method	<b>SAE 5W-30</b>
Density 15°C	kg/m <sup>3</sup>	DIN EN ISO 12185	854
Flash point COC	°C	DIN ISO 2592	min. 210
Pour point	°C	DIN ISO 3016	-39
Viscosity 40°C	mm <sup>2</sup> /s	DIN 51562-1	71.5
Viscosity 100°C	mm <sup>2</sup> /s	DIN 51562-1	12.3
VI		DIN ISO 2909	171

04/2017

Version 6

The given data are typical data. Please observe operating prescriptions.

### Available packaging:

	Bulk	IBC	208 Liter	60 Liter	20 Liter	4 * 5 Liter	12 * 1 Liter	Notes:
PENNASOL LONGLIFE III SAE 5W-30	•	•	•	•	•	•	•	

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<sup>1</sup> This data sheet and the information it contains is believed to be accurate as of the date of printing. However, no warranty or representation, express or implied, is made as to its accuracy or completeness. Data provided is based on standard tests under laboratory conditions and is given as a guide only. Users are advised to ensure that they refer to the latest version of this data sheet. It is the responsibility of the user to evaluate and use products safely, to assess suitability for the intended application and to comply with all applicable laws and regulations. Material Safety Data Sheets are available for all our products and should be consulted for appropriate information regarding storage, safe handling, and disposal of the product. No responsibility is taken by either AVISTA OIL Group or its subsidiaries for any damage or injury resulting from abnormal use of the material, from any failure to adhere to recommendations, or from hazards inherent in the nature of the material. All products, services and information supplied are provided under our standard conditions of sale.